



Eu Osukosukan Leniach ... Aukatiw Eaeen Sakau Mi Atai Alluk

Unumi Sakau Ren Ier Kukun mi ungeni **ALLUK!**

Repwot a pwarata pwe ukukun 17%
chon sukulun middle school ra angei
aewin unumer sakau me mwen ar ierini
11 *

36% ekewe chon sukulun high school on
Guam ra fiti taksi lupwen eman chon
sakau mi uwei.* Ei lapalap won Guam
ese pwarata watten ekesiwil seni lon ewe
ier 1995, ewe mei watte seni ekewe
aukuk lon unusen merika (USA).

68% unusen chon sukulun high
school ra angei **aeföchun unumer
sakau**; nge 18.5% ekei chon sukul
ra fen poputa le unumi **limeföch ika
chomong seni lon eu fansoun.***

Ekei sakun chon unumi mei pwarata
watelan ren ekewe serafö lon
fonuach kei ir chon Chamorro me
Micronesia.

9% ekewe chon sukulun high school lon Guam ra fen **uwou torakü murin ar
unumi sakau.*** Ei sakun manau lon unusen merika mei fen kukunutiw; nge
esapw ina met mei pwarata me won Guam.

*Source: YRBS, 2005

Popun ekewe semirit resapw unumi: sakau

Ulumön teens ir mei mala lon eu ran
pwokiten ar uwou torakü lupwen ar
sakau. Ina esapw kukun seni wonomön
(6) ir mei pwal mala lon chok eu ran ren
pwal ekkoch metochun sakau.

Source: Nat'l Highway Traffic Safety Admin., *Traffic Safety
Facts 2003.*

Mi wor eu watelan pisekin pwarata ach
sipwe tongeni apasa pwe **ach angei
sakau me mwen ach ierini 21 mi
angawala** määrochun tupuan lon
mokuran serafö.

Ekewe serafo ra poputani ar unumi
sakau me mwen ar ierini 15, ina epwe
fan ruwenu(4) oukukun mecheresin ar
repwe alonglong manawer won sakau
lap seni eman epwe witiwit tori an epwe
ierini 21.

Source: Journey of Substance Abuse 9 (1997)

Ekewe **teenage nengin** ra poputani ar
unumi sakau ren limeföch (5) ika watte
seni, lon chok eu fansoun unumi, ina
epwe fen tori **63%** ukukun mecheresin ar
repwe **nounou semirit ika pwopwo lon
chok ar remi chuen ier kukun (teenage).**

Source: Mil. Of Young People Mix Sex w/Alcohol or Drugs –
w/dangerous consequences – Feb. 2002.

Alilis a kawor seni:

Department of Mental Health
and Substance Abuse
Crisis Hotline: (671) 647-8833
Drug & Alcohol Branch
(671) 475-5438/39

Sanctuary, Inc.
For Adolescents
24-hr Hotline: (671) 475-7100
(671) 475-7101

Oasis Empowerment Center
For Women
(671) 646-4601
Elim Pacific Ministries

Lighthouse Recovery Center
For Men
(671) 477-7671/7673
The Salvation Army

For Military Families
Air and Family Readiness Center
(671) 366-8136
Navy Fleet Family Support Center
(671) 333-2056/57

Alcoholics Anonymous
For Alcoholics
Check Observation
Post in PDN for days,
time and place for meetings.

AI-Anon Family Services
For spouses of Alcoholics
(671) 864-8644
Check Observation Post in Pacific
Daily News (PDN) for days, times
and place for meetings

ALA-Teen
For Teens of Alcoholics
Check Observation Post in PDN
for days, times and place for
meetings

Online Resources:
DMHSA-PEACE
www.dmhsa.guam.gov
www.peaceguam.org
www.healthychoicesguam.org

National Council on Alcoholism
and Drug Dependence
www.ncadd.org

AI-Alcoholics Anonymous
www.aa.org



DEPARTMENT OF MENTAL HEALTH AND SUBSTANCE ABUSE
AFEFITAN TUMUNUN LENIACH FAN ITAN MANAWACH REN LESOR ME PALELÖN

Unumi Sakau Ren Serafö lon Guam