

**i could use a cigarette...**

mid-terms

mom's on my  
case again

can i afford  
those shoes?

10pg paper due

ugh!

why didn't he call?

**ASK US ABOUT  
OTHER WAYS  
TO RELAX.**

For information on how to quit smoking, call  
477-9079-9083. Visit [www.peaceguam.org](http://www.peaceguam.org) or  
[www.healthychoicesguam.org](http://www.healthychoicesguam.org)



Department of  
MENTAL HEALTH &  
SUBSTANCE ABUSE



**PEACE**

Prevention &  
Early Intervention  
Assessment  
Counseling  
Recovery